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Foreverfamily Teens Learn to Confront Obstacles During ATL (About Teen Life) Event



April 7, 2010 (Atlanta) On Saturday, April 3rd, the youth at the Foreverfamily Atlanta site were teeming with excitement as they learned team building and life skills during the ATL (About Teen Life) Youth Empowerment Forum. The students participated in several physical team building exercises including 'block tag' and indoor rock climbing at the Georgia State University's (GSU) Recreational Center. "I really liked the rock climbing. It gives you a chance to know your body and understand how things work" said Jessica Tanner, a graduating high school senior.

The Foreverfamily staff was assisted by volunteer graduate students from the School of Health and Human Services at Georgia State University. As part of their senior project, the graduate students have been working with Foreverfamily since October 2009 and their academic program covered the cost of the physical team building exercises they planned. "We were all inspired by the Foreverfamily students," said Katie Mailloux, one the graduate students. "They were enthusiastic about all the team building challenges and the exercises gave them [the students] a sense of accomplishment. It shows them that they can tackle other obstacles with a positive attitude." The other GSU volunteer graduate students who participated in the event were Tommy Hoang, Rachel Johnson, and Stephanie Shea.

Foreverfamily is a national non-profit organization that assists inmates, their children and other family members in maintaining those critically important family ties that can become strained during a parent's incarceration. **Foreverfamily's** efforts focus on children with an incarcerated parent or parents, caregivers and relatives as they strive to remain a family. **Foreverfamily** works to ensure that all children have the opportunity to be surrounded by the love of family. Foreverfamily is headquartered in Atlanta with affiliate offices in Atlanta and Louisville, KY.

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